

gregory

Australia's leading ergonomic work from home solutions

Working from home is proving itself to be a viable business model that most businesses will continue with after the immediate need has ceased. The efficiency of the work from home model provides both a potential cost saving for businesses and for the employee, a cost and travel time saving.

Because most businesses will maintain some level of work from home as part of their future business model, its really important to have a well-designed, ergonomically sound Home Office. A business' WHS and Insurance risks are the same (if not more) in their staff's home office as the CBD office. It's not acceptable to sit all day a cheap chair from the stationer just because it's at home. The same risk of injury, fatigue and of workplace efficiency exist in Home Office just as it does in your CBD office.

Gregory has been the leader in ergonomic seating in Australia for nearly 30 years . Recognised by workplace health and safety providers as the best seating option for the office space it makes sense do you treat yourself properly at home with the same Gregory chair benefits that you enjoy in the city office.

Gregory's work from home options include a range from lower cost through to premium custom made executive chairs to suit your work needs, your budget and your home decorating requirements. The choices and colours in this brochure highlight just some of the options available in our seating and desk.

Speak to your Gregory sales consultant about a workplace solution for all your staff's new workplaces or for the very best Home Office for yourself.

When it comes to the physical health and safety of employees who work from home, it's important to note that you, as an employer bear the same responsibility as you would if the employee were in an office environment.

Challs

Chairs







Select your ideal <u>ergonomic</u> work from home solution



(black)

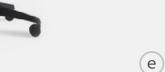




b Gregory Inca High Back (any colour)

C Gregory Evoke High Back (any colour)







Gregory Project W (any colour)



Gregory Slimline Ultra (any colour)



(black)

g Sit Stand Desktop Unit (black or white)



h Desk with shelf (black frame)



i Electric Sit Stand Desk (white or black frame, white or beech top)

A Quick Work From Home Checklist

- Is the floor of the work area level and is there limited use of mats/or rugs?
- Is the lighting adequate for the tasks being performed?
- Can glare and reflection be controlled?
- Are walkways clear of clutter and trip hazards, such as trailing electrical cords?
- Is the working area segregated from other hazards in the home, for example hot cooking surfaces in the kitchen?
- Is the path to the exit sufficiently wide and free of obstructions or trip hazards to allow unimpeded passage?
- Does the work area contain a first aid kit?
- Is a smoke detector installed in/near the work area and is properly maintained?
- Are power outlets overloaded with double adapters and power boards?
- Is there adequate leg space under the workstation?
- Is the seat height, seat tilt, angle, and back rest all adjustable?
- Is the seat back adjusted to support the lumbar curve of the lower back?
- Are the feet flat on the floor or on a footrest so that knees are bent at right angles and thighs are horizontal to the floor?
- Does the keyboard to user distance allow the user to relax shoulders with elbows close to the body?
- If you are using a monitor, is the height of the monitor adjusted so the top of screen is at or slightly lower than eye level (may need to be lower where bifocals are used)?
- Is there a process in place for the prompt reporting of incidents?



gregory

A proudly Australian owned company providing Ergonomic Office and Commercial Furniture Solutions Gregory Commercial Furniture specialises in creating original and unique ergonomic seat technologies for office chairs. From ergonomic office chairs to visitor seating and lounges, Gregory has the solution for you.



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